WHAT’S ON?
More detailed Calendar information at: www.mullumbimb-p.schools.nsw.edu.au

Dear Parents and Carers

NAPLAN Results
NAPLAN results have arrived at our school and are being sent home today with your child. To help you understand and read the results you can find a ‘Parent Brochure’ at http://www.nap.edu.au/verve/resources/NAPLAN_PARENT_BROCHURE_FINAL_WEB.pdf

Kindergarten 2016 Orientation
Our 2016 Kindergarten transition program commences this Wednesday 26th August. Students will arrive at school at 9:10am and conclude at 11:00am. The program runs for eight consecutive school weeks, finishing on Wednesday 28th October. We have many excited young boys and girls ready to commence an exciting new chapter in their lives.

Attendance
Regular school attendance will help your child to succeed in later life. Attending school every day makes learning easier for your child and helps children to build and maintain friendships with other children. If your child doesn’t learn the basic skills in the early years of school, they may develop learning problems in later years.

Arriving at school and class on time is very important because it:
• Ensures that your child doesn’t miss out on the important learning activities scheduled early in the day when they are most alert.
• Helps your child to learn the importance of punctuality and routine.

A proud member of the Lighthouse Valley Learning Community
2.

Term 3 Week 7 Monday 24 August 2015

KIDS EDUCATIONAL PAGE  (KEP)

Morrison Ave PO Box 122 Mullumbimby NSW 2482 T 6684 2373 F 6684 1294  mullumbimb-p.school@det.nsw.edu.au  www.mullumbimb-p.schools.nsw.edu.au

- gives your child time to greet their friends before class and therefore reduces the opportunity for classroom disruption.

Thank you for your support and have a wonderful week,

Danielle Haywood
Principal (Relieving)

---

**No Waste Lunch Box Update**

The ‘No Waste Wednesday’ program introduced into the school this term has been very successful in terms of the children becoming more aware of landfill garbage and how nutrition plays a vital role in a healthy lifestyle. The last 2 weeks have seen students bring waste free lunch boxes on both Wednesday and Thursday.

NEXT WEEK the school would like to trial this program on TUESDAY and THURSDAY, as well as WEDNESDAY.

Please support this program by providing recyclable or reusable packaging for your child’s lunchbox.

---

**MOVE-A-THON**

Firstly, thank you to the businesses that have come on board as major sponsors: Rob from Chemsave Mullumbimby, Stephen and Julianne Ross T/As Wards Landscape Supplies, Cobbers Child Care Centre, Tony Carsberg Holden, Mullumbimby Rural coop, Professionals Mullumbimby, Ray Towers and Mini Storage, McDonald’s Bakery Mullumbimby and Mullumbimby Reliable Removals. Keep your eye on this space to find out our other major sponsors. The donations made by the major sponsors assist with the purchase of the prizes, which will be advised in the coming weeks.

If you would like to become a major sponsor or are able to provide other prizes please see the office, Mr Haywood, Mr Towner or Mrs Austin. Alternatively you may email Mrs Austin amy.austin10@det.nsw.edu.au with details of your sponsorship.

We are starting to collect minor prizes to be given to the children either in our big draw or as prizes for best dressed, most laps walked and/or ‘spot’ prizes. These prizes are usually donations of goods eg toys, pens, pencils, rulers, drink bottles, caps, balloons, stickers, lollies etc. If you are able to donate or organise the donations of such goods please bring them to school before the end of this week. Some families give cash donations which also help us to provide a wide range of prizes for the children.

At the moment we have received goods from Mullumbimby Newsagency, Mullum Instyle Living, Mullumbimby Chocolate Shop, The Bookshop, NAB Mullumbimby, Woolworths, Video Ezy, Byron Bay Council, Wards, Bridglands Better Home Mullumbimby and Soul Pattinson Chemist.

Sponsorship cards will be given to the children on Monday 24th August so they can start collecting sponsors. Sponsorship can be an amount per lap or a donation (most people give a donation). Children are advised to have parent supervision when asking for sponsorship in the community. Children receive a ticket in the major draw for bringing their money in and for every $5 collected. The more money raised with sponsorship gives you more chances to win the fabulous prizes.

The major prizes are: a new pushbike, an iPad mini (16GB), a GoPro action camera and a Playstation 3.

**MOVE-A-THON THEME: Multicultural theme as the rest of the day will be spent participating in multicultural activities.**

---

**CANTEEN NEWS**

**FRIDAY:** $1 smoothie this week only.

**ASSISTANTS:** Evie Graham and Melanie Hughes

---

**UNIFORM SHOP NEWS**

Open Wednesday 8:30am to 9:15am

Donations of second hand uniforms greatly appreciated.

School hats $5.00 each available from the front office as well. Email: mpsuniforms@yahoo.com.au

---

Morrison Ave PO Box 122 Mullumbimby NSW 2482 T 6684 2373 F 6684 1294  mullumbimb-p.school@det.nsw.edu.au  www.mullumbimb-p.schools.nsw.edu.au
Stage 3 students recently had Senior Constable Harrison visit our school and discuss the many issues involved in the use of the internet. It involved interesting discussions and made students aware of ways to keep them safe while 'online'. The following are comments made by the children following the visit about what they learnt.

**I learnt that telling things about yourself online is like telling strangers on the street about yourself** – JM

**Don’t create fake accounts on Facebook because you aren’t ready for it** – LF

**Parents should monitor their children when on a device or a computer** – EI

**Don’t write something to someone you don’t know and tell them personal stuff about you and your family** – HB

**I learnt from Senior Constable Harrison to not give anyone you haven’t met your personal details. I also learnt to not send inappropriate images to anyone at anytime as it is illegal and wrong** – AB

**Never give away any personal information to someone you have not physically met** – TH

**You could be arrested and charged for sexting** – TE

**I learnt how the police can recover items from a broken phone** – RT

**Sending is permanent** – AKP

**Once you press send it is permanent** – RE

**We should be more aware of the increasing amounts of rude and inappropriate photos sent around teens and young adults** – JC

**Your iPhone, iPod and iPad will store everything that you have been searching** – AM

**Never talk to someone online that you haven’t physically met because they could be someone completely different** – ZA

**People can spy on you through your camera on your computer so you should cover it with Blu-tac** – MH

**Always take care of who you talk to online and never give away any personal details like your real name, address and phone number** – IP

**Don’t give personal information or passwords to anyone** – CB

**Always have adult supervision when signing on to social media** – AR
Respect Yourself, Respect Others, Respect the Environment
Positive Behaviour for Learning

BRONZE: KP RILEY MILFORD-KENDRICK
SILVER: KP SOPHIE POWELL
2/3J BROOKE TOWERS
2/3J JONNY DE ALMEIDA
2/3J ALICE MATHISON

Mullumbimby Public School
PBL Lesson
Walk on hard surfaces

Focus concepts:
Why walk?
Which side of the stairs should I walk on?
Classrooms have hard surfaces
The hall floor is slippery
What places in the school are safe to run on?

---

Respect Yourself, Respect Others, Respect the Environment
Positive Behaviour for Learning

BRONZE: KP RILEY MILFORD-KENDRICK
SILVER: KP SOPHIE POWELL
2/3J BROOKE TOWERS
2/3J JONNY DE ALMEIDA
2/3J ALICE MATHISON

Mullumbimby & Ocean Shores
Steve Gort Tennis
Advanced Level 2

Steve Gort
ATPCA Registration No: MM09022004
Mobile 0412 731 814
stevegorttennis@gmail.com
Group & Private Lessons
Squads

---

Disco
Thursday, 10th September
Kinder & Stage 1 5.30 til 6.45
Stage 2 & 3 7pm til 8.30
Bring your favourite Book
Character to Life
Shuttle sizes available
$4

---

NUDE FOOD DAY
INFORMATION FOR PARENTS

What is Nude Food?
Nude Food is simply food that is not wrapped in foil, plastic or commercial packaging.

The best types of nude food constitute mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...

To pack a Nude Food Lunch or Snack, you will need:
• Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
• Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
• If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchboxes.
• If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
• Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
• Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

To pack a Nude Food Lunch or Snack, you will need:
• Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
• Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
• If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchboxes.
• If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
• Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
• Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

Tips for Packing Nude Food Lunches:
• Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
• Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
• If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchboxes.
• If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
• Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
• Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.

---

OUR COMMUNITY NEWS

SWIMMING LESSONS: Have your children swimming well this summer? Time to book them into Swim For Your Life swim school in Billinudgel. Indoor heated pools with Austswim qualified and experienced instructors. Phone: 6680 1614

AFTER SCHOOL AND VACATION CARE: This service is Government subsidised & operates Mon-Fri (3.00pm-6pm) during School Term & Holidays (8am-6pm). Contact Jamie or Zahra: Ph: 0437 860 614.

MULLUMBIMBY PUBLIC SCHOOL:
“Playgroup” for Parents and kids (under school age). Every Tuesday morning 9am-11am, during school terms. Join us for a relaxed and friendly morning of interaction and fun activities for the kids. All enquiries are welcome.

Morrison Ave PO Box 122 Mullumbimby NSW 2482 T 6684 2373 F 6684 1294 mullumbimb-p.school@det.nsw.edu.au www.mullumbimb-p.schools.nsw.edu.au